



# 10<sup>th</sup> International **CONFERENCE** of INDIAN ACADEMY OF HEALTH PSYCHOLOGY (10<sup>th</sup> ICIAHP-2025)

**DECEMBER 11<sup>th</sup>-13<sup>th</sup>, 2025**

Venue: Rajasthan International Centre, Jaipur, India



PRE CONFERENCE WORKSHOPS:  
**DECEMBER 10<sup>th</sup>, 2025**

**Organized by:**

**INDIAN ACADEMY OF  
HEALTH PSYCHOLOGY**

In Collaboration with:

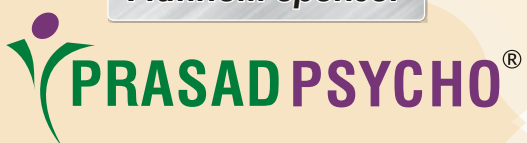
INDIAN INSTITUTE OF PSYCHOLOGY, NOIDA  
&  
DEPARTMENT OF PSYCHOLOGY,  
UNIVERSITY OF RAJASTHAN  
JAIPUR, INDIA

## **Focal Theme:**

Health Psychology Across Lifespan:  
Role of Behavioural Health Sciences

**CALL FOR PAPERS**

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On behalf of the organizing committee of the 10th International Conference of the Indian Academy of Health Psychology, we cordially invite you to the upcoming event of Health Psychology scheduled to be held from 11<sup>th</sup>- 13<sup>th</sup> December, 2025 at the Rajasthan International Centre, Jaipur, India.

In the current global scenario, healthcare professionals increasingly integrate diverse disciplines of medical, behavioural, and allied sciences to address various physical and psychological health challenges. The integrative approach not only accelerates recovery but also supports individuals in achieving holistic well-being and reintegration into their communities.

Health Psychology continues to be a promising discipline in healthcare, offering deeper understanding and innovative solutions for chronic health conditions through improved coping mechanisms and preventive strategies.

The **focal theme** of the 2025 conference is: **“Health Psychology Across Life Span: Role of Behavioural Health Sciences”**

The aim of the conference is to explore the impact of health psychology in holistic and community-focused healthcare from a multidisciplinary perspective. This global academic platform will bring together **healthcare professionals, psychologists, psychiatrists, researchers, scholars, and policymakers** from across the world to share insights, present research and exchange innovative research and practices to advance the field of health psychology.

We eagerly look forward to your valued participation and warmly welcome you to join us in Jaipur, along with your colleagues, friends, and research associates, for this milestone 10th International Conference of Health Psychology.

**Prof. Anand Kumar**  
Conference Chairman  
10<sup>th</sup> ICIAHP-2025





## About IAHP

Founded in 2015 under the visionary leadership of Founder President **Prof. Anand Kumar**, IAHP is a scientific & professional body committed to the advancement of health psychology in India.

The **Indian Academy of Health Psychology (IAHP)** is a premier scientific and professional body dedicated to advancing the discipline of health psychology in India. Established to promote research, education, and practice, IAHP brings together academicians, clinicians, researchers, and students on a common platform to address the psychological aspects of health and well-being.

IAHP is committed to fostering awareness about the role of psychological science in promoting overall quality of life. It provides opportunities for professional networking, research collaboration, and knowledge exchange through its seminars, workshops, conferences, and publications. The **IAHP E-Academy** further strengthens this mission by hosting webinars, expert lectures, and panel discussions, ensuring that learning and dialogue continue beyond geographical boundaries.

Through its initiatives, IAHP emphasizes evidence-based practice, interdisciplinary collaboration, and the integration of psychology into healthcare systems. It also encourages young professionals and students to engage in research and training, nurturing the next generation of leaders in the field.

With its life membership program and a growing network of professionals across India and abroad, IAHP is steadily shaping the future of health psychology by bridging science, practice, and policy. Its efforts reflect a strong commitment to building healthier individuals and communities through psychological insights.



## Department of Psychology University of Rajasthan

Established in **1971**, the Department of Psychology at the University of Rajasthan has steadily grown into a leading centre for teaching, training, and research in psychology. The department offers a wide range of academic programs, including **Ph.D. specializations** across diverse fields such as Clinical, Social, Cognitive, Developmental, Counselling, Industrial & Organizational, Positive, Gender, Environmental, and Indian Psychology. In addition, it runs **M.A./M.Sc. in Psychology** and a **Post-Graduate Diploma in Guidance and Counselling**, providing comprehensive training that balances theoretical knowledge with practical applications.

State-of-the-art facilities in the department, including a **computer lab**, **psychometric testing laboratory**, and a **relaxation room**, support both research and student learning. The department also houses a dedicated **Psychological Counselling Cell**, which offers free counselling services to students and staff of the university.

Beyond academics, the department has its strong focus on community engagement, scientific outlook, and applied training ensures that graduates are well-equipped to address the psychological needs of individuals and society. With its legacy of excellence, multidisciplinary approach, and commitment to innovation, the Department of Psychology, University of Rajasthan continues to stand as a pioneer in advancing psychological education, research, and services in India.

## About IIP

The Indian Institute of Psychology (IIP), founded in 2014 by Dr. Kranti K. Srivastava in Noida, Uttar Pradesh, is India's first private organization dedicated exclusively to Psychology. With a focus on Research, Education, Publication, and Application, IIP works to spread awareness about the discipline and its potential to transform lives. The institute offers degree and diploma programs, along with innovative community-oriented services, while maintaining a strong commitment to professionalism, ethics, and academic excellence.

IIP has organized pioneering workshops and training programs, including India's first ADOS-2 workshop with Dr. Marianna Murin and Emma Woodhouse, AIIMS MCTT-C trainings, and specialized sessions on Past Life Regression Therapy, CBT, Rorschach Inkblot Testing, and developmental disorders. The organization also contributes to national development through independent and collaborative projects, and regularly publishes research in reputed journals such as the Indian Journal of Developmental Disability, Psychology in India, Psyber News, and the Journal of Positive Psychology.

## Address for Communication

Address all correspondence / communication related to 10<sup>th</sup> International Conference of Indian Academy of Health Psychology (ICIAHP) to:



**Prof. Anand Kumar**  
Chairman, 10<sup>th</sup> ICIAHP-2025  
President, Indian Academy of Health Psychology  
Mobile: +91 94152 02167



**Dr. Kranti K. Srivastava**  
Organising Secretary, 10<sup>th</sup> ICIAHP-2025  
Chairman, Indian Institute of Psychology, Noida  
Mobile: +91 98107 82203



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Life Time Professor, Rashtriya Raksha University  
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Former HOD, Department of Psychology,  
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**Prof. Prerna Puri**

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Mobile: +91 98107 82203

#### Conference Convener



**Dr. Chandrani Sen**

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**Dr. Jyoti**

Assistant Professor,  
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Co-Founder, Birthing the  
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**Francois Gerland**  
Co-Founder, Birthing the New  
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**Dr. Preeti Desai**  
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East Carolina University, USA



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**Dr. Dess Mardan Basnet**  
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**Dr. Narendra Singh Thagunna**  
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**Dr. Wael Abuhassan**  
Health Psychologist,  
A.A. University, Palestine

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**Prof. Navin Kumar**

*Department of Psychology, Delhi University, Delhi*





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## Supportive Collaborations



### 10<sup>th</sup> ICIAHP - 2025



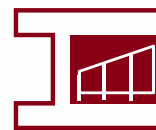
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THERAPY STUDIO**





## **Health Psychology Across Lifespan : Role of Behavioural Health Sciences**

### **Sub-Themes:**

**Interdisciplinary and Cross Cultural Approaches in Holistic Health**

**Recent Advances in Health Psychology Researches**

**Psychological Interventions in Health Issues**

**Forensic Psychology: Applications in Holistic Healthcare**

**Psychiatry and its Applications in Various Mental Health Settings**

**Stress: Current Issues, Coping strategies and Management**

**Chronic and Fatal Illness: Issues, Challenges and Chronic Pain Management**

**Impact of Sport, Exercise, Diet and Lifestyle on Mental Health**

**Paediatric Health Psychology: Autism: Current Issues and Management**

**Role of Counselling in Holistic Healthcare**

**Depression and Suicide: Emerging Issues, Challenges and Management**

**Cyber Crime in Digital Era**

**Role of Artificial Intelligence in Healthcare**

**Integrating Traditional and Alternative Systems in Healthcare**

**Hypnotherapy in Integrative Health and Wellbeing**

**Community Mental Health**

**Organizational Behaviour and Holistic Health**

**Integrative Approaches for Successful Aging**

**Sexuality and Psycho-physical Aspects of LGBTQIA+**

**Masculinity, Gender discrimination & Violence**



## Call for Papers

Scholars interested in presenting research papers on the Focal theme or any sub-theme of the conference are required to submit their abstract in soft copy by email before 15<sup>th</sup> October, 2025. The abstract of paper should not exceed 250 words; typed on A-4 size paper in double space.

Title (*Times New Roman 16 font*): .....

Author's Name (*Times New Roman 14 font*): .....

Institutional Affiliation (*Times New Roman 14 font*): .....

**The content of the abstract should start from a new paragraph in Times New Roman 12 font stating clearly:**

Background: .....

Objectives: .....

Method: .....

Results: .....

Conclusions: .....

Key words: At least 3 keywords

**Submission of abstract, full paper, registration form and registration fee are required to be submitted on the e-mail ID: [registration@iahp.health](mailto:registration@iahp.health)**

**Publication of Papers:** Out of all the invited talks and scientific papers, 30 best papers would be selected by the academic committee which would be further reviewed and edited in required manner. Subsequently it would be published in the edited book carrying ISBN number in association with a publisher of national and international repute. The other terms and conditions in this regard would be laid by the organizing committee.

\*The last date for full paper submission is 1<sup>st</sup> November, 2025.





**1. Manju Thakur Memorial Oration Award**

This award is instituted by Dr. Archana Thakur, Joint Secretary, U.G.C. in memory of her mother to be conferred at the International Conference of IAHP every year to an eminent scholar for delivering a special lecture on any contemporary issue of Health and Well-being. The scholar for this award will be nominated by the President, Indian Academy of Health Psychology.

**2. Anita Memorial Oration Award:**

This award is instituted by Prof. Anand Kumar, President, IAHP in the memory of his beloved wife. The award is to be conferred at the International Conference of IAHP every year to an eminent scholar who has carried out an innovative work in the area of health and well-being. The scholar for this award will be nominated by the President, Indian Academy of Health Psychology.

**3. Dr. Lalit Kumar Vaya Behavioural Health Scientist Award:**

This award is instituted by Prof. S.L.Vaya, Life Time Professor, Rashtriya Raksha University, Gandhinagar, Gujarat in the name of her husband. The award is to be conferred at the International Conference of IAHP every year to an eminent scholar who has carried out an innovative work in the applied aspect of health psychology. The scholar for this award will be nominated by the President, Indian Academy of Health Psychology.

## **Awards for all Applicants Participating in the 10<sup>th</sup> ICIAHP - 2025:**

**1. G.P.Thakur Young Scientist Award:**

A special session for the young scientist award will be organised for young researchers and scholars (age up to 35 years as on 30th September, 2025). Paper should be single authored only and a self- declaration to the effect that the paper has neither been presented in any forum nor been published in any form is a mandatory requirement. The papers received for this session will be reviewed by a screening committee and based on the quality and significance of the research, only 05 papers will be selected for presentation in the IAHP young scientist award session and remaining papers will be considered for presentation in the relevant scientific sessions.

**2. IAHP Best Paper Award:**

Best paper award will be organised for researchers and scholars (age up to 45 years as on 15th September, 2024). Paper should be single authored only and a self-declaration to the effect that the paper has neither been presented in any forum nor been published in any form is a mandatory requirement. The papers received for this session will be reviewed by a screening committee and based on the quality and significance of the research, only 05 papers will be selected for presentation in the Best paper award session and remaining paper will be considered for presentation in the relevant scientific sessions. The results will be declared and the citation of IAHP Best Paper award will be presented to the awardee at the valedictory session of the conference.

**NOTE: Interested participants for Young Scientist and Best Paper award category should submit their abstract and full paper by email to [registration@iahp.health](mailto:registration@iahp.health) with their IAHP life membership number, age proof and self –declaration before 15<sup>th</sup> October, 2025.**

**It must be addressed to: Prof. Anand Kumar, President : Indian Academy of Health Psychology and also be sent on Email ID: [president@iahp.health](mailto:president@iahp.health)**



## Registration Fees

Delegates Category	Up To 30 <sup>th</sup> Sep'25	Up To 15 <sup>th</sup> Nov'25	Spot Registration
Research Scholars & Students	₹ 3,000	₹ 4,000	₹ 5,000
Professional Delegate	₹ 5,000	₹ 6,000	₹ 7,000
IAHP/MEPA Life Members	₹ 4,500	₹ 5,500	₹ 6,500
Accompanying Person	₹ 3,500	₹ 4,000	₹ 4,500
Invited Speaker	₹ 6,000	₹ 6,000	₹ 6,000
International Delegates	USD 200	USD 250	USD 300

### REGISTRATION FEE WILL COVER:

- Conference kit including conference Bag, Notepad, Pen, E-copy Souvenir- cum- abstract book, ID card., Food Coupons.
- Breakfast, Lunch and Evening Tea during conference days.
- Cultural Fiesta followed by Welcome Dinner on 11<sup>th</sup> December, 2025.
- Access to inaugural function, all scientific sessions, psychological tests/books exhibition, and valedictory function.
- The Registration fee mentioned above are per person.
- The Registration fee does not cover travel expenses, accommodation and local transportation.
- All the payments are to be made through payment details given in the registration form link.
- Students need to submit a Bonafide Certificate or valid ID Card or fee receipt from their Department/Institute confirming their student status for Registration.

**To Register, Scan**



#### Bank Details:

**Indian Institute of Psychology**  
 Current Account: 924020010588889  
 Branch: Axis Bank, Delhi, India  
 IFSC : UTIB0000055 | Swift Code: AXISINBB055

**NOTE: Registration fee once submitted will not be refunded in any case. No kitbag for spot registration and Accompanying Persons.**

## Pre-Conference Workshops

Facilitator	Topic	Fee	Time (Duration)
 <b>Dr. Ajeeth Krishnan</b> Director <i>Navyadaksha, Trivandrum</i>	<b>Emotion Focussed Therapy (EFT): Transform Maladaptive Emotions</b>	₹ 2000/-	10 am to 1 pm (3 Hours)
 <b>Dr. Sudipta Roy</b> Director, Psy Lens, Surat	<b>Mastering Counselling Skills for Supporting IVF Patients</b>	₹ 2000/-	10 am to 1 pm (3 Hours)
 <b>Prof. Mahendra Sharma</b> Former Professor NIMHANS	<b>Mindfulness and Health: Settling in to the Self</b>	₹ 2000/-	10 am to 1 pm (3 Hours)
 <b>Dr. Mahi Khandelwal</b> Neuro-Psychologist, Jaipur	<b>Psychosexual Dysfunctions: Helping in Shaping Couple Relationships</b>	₹ 2000/-	2 pm to 5 pm (3 Hours)
  <b>Dr. Julie Gerland &amp; Francois Gerland</b> Co-Founder, Birthing the New Humanity (NTNH), France	<b>Prenatal Psychology: Healing Early Trauma</b>	₹ 2000/-	2 pm to 5pm (3 Hours)
 <b>Dr. Nimrat Singh</b> Analytical Psychologist, Ahmedabad	<b>Body Imaging : Engaging the Wisdom of the Body</b>	₹ 2000/-	2 pm to 5 pm (3 Hours)

*If anyone Register for two Workshop then fee will be ₹ 3500/-*

## Places to visit in Jaipur

### Hawa Mahal (*Distance from venue: 8.6 km, 20 minute*)

Hawa Mahal, Jaipur's iconic “**Palace of Winds**,” is a five-storey beehive-like structure with numerous windows and jharokhas that keep it airy and breezy throughout. The Hawa Mahal is a five-storey building, and it is the tallest building in the world that has been built without a foundation. It has a curved architecture that leans at an 87 degree angle, and a pyramidal shape which has helped it stay erect for centuries.

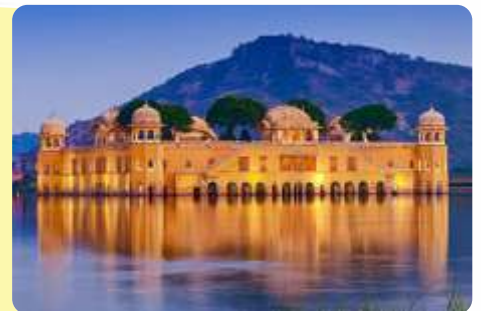


### The City Palace (*Distance from venue: 8.8km, 22 minute*)

Located in Jaipur's walled city, the City Palace Complex was built by Maharaja Sawai Jai Singh II and later expanded by successors. A blend of Mughal and Rajput architecture, it remains home to the royal family. Key attractions include Mubarak Mahal, now a museum showcasing royal costumes and textiles, and the Maharani's Palace, featuring 15th-century Rajput weaponry and ornate ceiling paintings.

### Jal Mahal (*Distance from venue: 13.2 km, 30 minute*)

Jal Mahal, or the “**Water Palace**,” is a stunning five-storey palace set in the middle of Man Sagar Lake. Built in red sandstone, four of its floors remain submerged when the lake is full, leaving only the top visible. With its Rajput and Mughal design, the palace creates a magical sight, especially at sunrise and sunset.



### Albert Hall Museum (*Distance from venue: 7.7km, 17 minutes*)

Albert Hall Museum, inspired by London's Victoria and Albert Museum, is Jaipur's oldest museum located in Ram Niwas Garden. Designed in Indo-Saracenic style, it showcases metalware, wood crafts, carpets, ivory, sculptures, and miniature paintings from Rajasthan's famous art schools.

## Places to visit in Jaipur

### Nahargarh Fort (*Distance from venue: 23km, 50 minute*)

**Nahargarh Fort**, meaning “**abode of tigers**,” crowns the Aravalli Hills and was built by Maharaja Jai Singh in 1734. Later expanded, a summer retreat with mural-adorned suites for the king and his queens. A favorite picnic spot today, the fort offers panoramic views of Jaipur, dazzling especially when lit up at night.



### Amber Palace (*Distance from venue: 17 km, 40 minute*)

Amer Fort, one of Jaipur's top attractions, stands on a hill about 8.6 km from the venue. Built with pale yellow and pink sandstone and white marble, it features four main sections with courtyards. Highlights include the Diwan-e-Aam, Sheesh Mahal, Sila Devi Mandir, and restored tunnels linking it to Jaigarh Fort. A fine example of Rajasthani architecture, Amer Fort is a must-visit.



### Khatu Shyam Ji (*Distance from venue: 104 km 2hr*)

**Khatu Shyam Ji**, revered as the “**Deity of Kaliyuga**,” is worshipped as a manifestation of Lord Krishna. Known as “**Hare Ka Sahara**” (support of the defeated), devotees believe that simply remembering his name removes sorrows and fulfills wishes.



### Shri Mehandipur Balaji Temple (*Distance from venue: 106 km, 2 hrs.*)

**Salasar Balaji**, located in the Churu district of Rajasthan, is a famous temple dedicated to Lord Hanuman. Revered as “**Balaji Maharaj**,” the temple is a major pilgrimage site where devotees come to seek blessings for strength, protection, and the fulfillment of wishes.





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